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# Violence Against Women and Childrenin the Context of Toxic Communication

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#### Abstract

This research aims to analyze violence against women and children that can occur in toxic families. Toxic people are people who have a tendency to control other people's lives so that they follow their wishes, and even control other people's lives. Toxic people could be people closest to the victim, such as the immediate family. The method uses a qualitative approach, through in-depth interview and observation, using interactive model. The results of the research show that family victims caused by a father's persistent infidelity result in a child (girl) becoming apathetic towards romantic relationships. However, this did not happen to the boy, even though he did not know what was really in his heart regarding his father's brutal behavior. Meanwhile, mothers who are often threatened and intimidated both physically and verbally become closed off, depressed and often want to commit suicide. What makes him survive in life is the presence of his children who strengthen and motivate him to always be strong and steadfast in living life. Even though the mother actually wanted to separate from her husband, she felt embarrassed if she had to live as a widow, worried that she would become the subject of negative gossip. So the wife has survived to this day, even though she endures the heartache of being cheated on and the physical pain of being frequently beaten.

Keywords: violence, women, children, family communication, toxic

## **INTRODUCTION**

Among the steps that must be followed in the event of violent behavior is raising public awareness and concern. When offering victims support, a customized strategy known as a "confide session" may be used for consultation. Loving oneself is a powerful technique to prevent yourself from being caught up in an unhealthy relationship. A self-healing technique is used in counseling to preserve the victim's mental health and help them regain their sense of self. Helping those who are in toxic relationships is one way to prevent trauma for them. According to this research, people who are in toxic relationships should learn to love themselves more and take care of their mental health (Praptiningsih, et al., 2024).

Violence continues to be a problem that receives much attention in contemporary society. Students become volunteers and are given violence prevention training (Taylor, 2014). Violence occurs because of the deep-rooted belief that the wife is a complete property of the husband so that the husband can do anything to his wife (Melliza, 2010). There is a need for family-focused violence prevention programs (Kandakai & King, 2002). Parenting involvement that implements wise parenting patterns can prevent acts of violence (Ipek & Kizilgol, 2018; Marshall et al., 2020).

The effect of excessive drug doses consumed by the father causes the more and more frequent physical violence experienced by the mother (Isyatul, 2015; Gusmarani et al, 2022; Huang et al., 2015).

Violence often occurs within families where the perpetrator is someone close to the victim who has toxic behavior. Apart from physical and verbal violence, toxic people often commit emotional violence against other people. This form of violence is the most subtle among other types of violence. Even though the mother was a victim of violence, she still fought to protect their children (O'Dor et al., 2017). Indonesian society needs to be given awareness by providing assistance to eliminate trauma (Praptiningsih et al, 2021; Praptiningsih & Tarmini, 2022).

Victims of aggressive and violent violence towards children must receive extra attention psychologically (Gustafsson et al., 2015). Symptoms of post-traumatic stress can disrupt behavior in positive parenting patterns, children often become aggressive or anti-social (Katz & Gurtovenko, 2015). Mothers who are victims of violence can trigger children's emotions towards trauma such as depression (Salloum et al., 2015; Greeson et al., 2014; Pinquart, 2017). Symptoms of post-traumatic stress have been detected experiencing various children's post-traumatic emotional adjustment (Gurtovenko & Katz, 2020). Therefore, positive parenting patterns can help the psychological recovery (Miller-Graff et al., 2016).

A sense of empathy, loving care, and creating a conducive atmosphere will foster a climate of healthy communication and mutual respect (Limeira & Féres-Carneiro, 2019). The close emotional of violence succeeded in recovering psychological trauma and anti-social behavior in the child (Anderson & van Ee, 2018). Children's traumatic experiences due to restrictive/punitive parenting patterns can be cured through self-healing supported by parenting style mediation as a support system, especially the mother (Greene & Briggs-Gowan, 2018). The relationship between early psychological abuse and external shame and family communication was fully mediated by both (Satici et al, 2024). In a range of practice contexts, nurses are well-positioned to evaluate families that may be at risk and offer support in finding resources and navigating intricate service networks. We conducted semi-structured interviews with eight parents whose adolescent children (ages 13–18) have DS or autism. These parents were found online (West et al, 2024; Dikker et al, 2024).

Despite being crucial in shaping their children's views on gender roles and intimate relationships, fathers have received little attention as a resource for preventing violence against women. The implementation of this concept is demonstrated with examples of creative programs (Crooks et al, 2006). Any physical, sexual, emotional, or abusive action directed toward another intimate partner that puts that person's safety in jeopardy is considered domestic violence (DV). The epidemic of domestic violence (DV) has long plagued communities across all socioeconomic strata, age groups, genders, and racial, religious, and national backgrounds. Many families' realities are characterized by variables that put them at a higher risk for recurrent domestic violence (DV)

events, as domestic violence is rarely nonrecurring. These factors include poverty, economic misery, parental mental health difficulties, and community isolation. Since up to 15 million US youngsters are thought to witness domestic violence annually, children and teenagers are frequently the unseen survivors of this kind of abuse. For children, seeing domestic violence on a regular basis can be extremely disruptive and stressful, leading to a variety of symptoms (Winder et al, 2023; Silva et al, 2021; Slick et al, 2024).

The significance involvement scientific procedures, evident that they have a pretty broad, inclusive interpretation of the term that is connected (Montserrat et al, 2022; Marks et al, 2023). The majority of prisoners had socially toxic home circumstances and inadequate parenting techniques, which had long-term negative impacts on their ability to bounce back from setbacks, maintain positive relationships with their peers, and continue their education (Michalski et al, 2017). Every nation experiences violence against children, which affects kids of all ages, genders, races, and socioeconomic backgrounds. Children are exposed to violence due to a variety of circumstances. Gender and social norms have the potential to both protect and expose children to violence, as well as to impede their growth and well-being (Kohli et al, 2021). Images of broken features are practically undetectable since they are ingrained in our daily imagination. Only by challenging these behaviors will we be able to identify the causes of male aggression and create plans to put an end to it (Magaraggia et al, 2016). By fostering relationships between parents, assisting families in recognizing and identifying toxic stress, and imparting parenting techniques that reduce stress, TI-GWCC promotes the prevention of childhood adversity (Graber et al, 2018).

The strategy to solving these issues needs to be integrated, taking into account non-legal strategies that are the real sources of violence in addition to the legal ones (Pasalbessy, 2010). The field of global health and those who provide funding for it are becoming more interested in gender norms. The mapping was distinctive in that it attempted to create an institutional work program grounded in local experience and current goals, while also taking into consideration variations between and within regions. The knowledge gained can be used to other organizations and practice-focused research initiatives that aim to alter the social norms that give rise to child abuse (Cookson et al, 2020). By using an anthropological approach and conducting in-depth interviews with middle-class women employed by global corporations in Gurugram, I am able to disentangle the connections that bind violence, modernity, and love (Bhandari et al, 2019). We examine the ways in which genders are primarily taught through informal education about violence and patriarchy, drawing on studies of masculinity and feminism. Next, we offer guidelines for dealing with challenging knowledge and learner resistance, as well as concepts for unlearning violence and trauma-informed teaching. Teachers can create pedagogies for harmonizing the Masculine and the Feminine by confronting the systemic roots of patriarchy head-on (Lange et al, 2019).

### **METHOD**

Qualitative research methodologies using interpretive and subjective approaches were used in this study. The researchers used in-depth interviews, and observations to gather primary and secondary data. The informants were people who had gone through abusive verbal and/or physical abuse, toxic parent-child interactions (father who cheated), and unhealthy relationships overall.

## **RESULT AND DISCUSSION**

Domestic violence in the form of economic neglect, verbal, physical and mental violence causes deep trauma and emotional wounds to the wife as an adult woman and children due to the father's behavior due to repeated affairs with different women over a period of ten years. . final. Preventive, proactive, reactive and aggressive reactions are shown by young women who have reached adolescence. Rejection of the father's attitude and behavior is caused by a feeling of love for the mother and a feeling of wanting to defend the mother, so that the daughter dares to fight back and intervene if her father yells at and/or beats her mother. Because he didn't accept it, the father cruelly beat the daughter who defended her mother. In this case, the victims were children and women because of a father's infidelity which repeatedly resulted in children (girls) becoming apathetic towards love relationships. Until now, he has always avoided being approached by men, even if they were just friends. He closed himself off and several times wanted to commit suicide due to depression. No longer trusts men and tends to be afraid due to trauma. He thinks that men are evil and should be avoided. He still loves his father, but no longer respects him because he behaves rudely towards his mother.

However, this does not happen to boys who are approaching adulthood. He doesn't seem to care and will even avoid leaving the house if he hears his father and mother arguing. He stated that he was confused about who he should defend because they were both parents he loved and loved. However, researchers do not know for certain what was really stirring in his heart regarding his father's brutal behavior when he committed violence against his mother and younger sister. Meanwhile, mothers who are often threatened and intimidated both physically and verbally become closed due to stress. However, he always tried to cover up his anxiety because he didn't want his children to feel sad. What makes him survive in life is the presence of his children who strengthen and motivate him to always be strong and steadfast in living his life. Even though the mother actually wanted to separate from her husband, she felt embarrassed if she had to live as a widow, worried that she would become the subject of negative gossip. So the wife continues to survive to this day, even though she endures heartache due to economic neglect and physical pain due to frequent beatings. Economic neglect did not bother him, because his mother also worked as a government employee.

In this way, domestic violence occurs in this family, which of course has an impact on women and children, resulting in trauma. The application of self-love to maintain mental health, which is recommended by many friends, family and relatives, is ignored. Even when a family wanted to help by reporting it to the authorities, he forbade it. As a mother who has children who are often beaten by their father, you should immediately take action by asking for protection and appointing a third party to negotiate so that violence does not occur again. If your husband doesn't want to change, it's better to ask for a good separation, because loving yourself is more important.

#### CONCLUSION

A youngster (female) who experiences family trauma due to a father's continuous or habitual adultery grows disinterested in romantic engagements. Though he was unaware of his true feelings about his father's harsh actions, the youngster was fortunate that this did not happen to him. Mothers who are frequently verbally and physically intimidated turn withdrawn, melancholy, and despondent, and they frequently harbor suicide thoughts. His children are his source of strength and motivation, encouraging him to live a life of fortitude and steadfastness. Their presence is what keeps him alive. The mother thought it would be embarrassing to live as a widow and feared that she would become the target of unfavorable rumors, despite her true desire to divorce her husband.

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